

# New Forest Basics Bank

The organisation is staffed entirely by volunteers and it provides food and other essentials to people and organisations in need in the New Forest area. Our project in Lymington is holding a collection for the New Forest Basics Bank, registered charity number 1150170.

## Items that they are in need of:

- Tinned hot meat (stew, chilli, meatballs, chicken in white sauce etc.)
- Tinned cold meat (ham, chicken, corned beef etc.)
- Tinned pasta (macaroni cheese, spaghetti hoops etc.)
- Tinned tuna
- Sweetcorn
- Baked beans
- Cereal (ideally not porridge oats)
- Rice pudding
- Custard
- Jam, honey or peanut butter
- Fruit juice
- Coffee (100g jar)
- Cooking oil
- Rice
- Household:
- All-purpose cloths
- Washing-up liquid
- Clothes washing detergent
- Anti-bacterial spray
- Toiletries:
- Soap
- Shower gel
- Shampoo
- Toothpaste
- Toothbrushes
- Sanitary products
- Other essentials:
- Nappies, particularly sizes 4, 5 and 6
- Baby wipes
- Any other items of your choice!

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**Amiri**

